
DAILY SCHEDULE

5:45 - 6:00 Registration

6:00 - 6:15 Stretching & Warm Up

6:15 - 7:00 ROTATION SESSION #1

Instruction by age group; 3-6 campers will be exposed to every position on each side of the ball : 7-8 will choose a position

3-6 graders -> defensive positions

7-8 graders -> offensive positions

7:00 - 7:10 WATER BREAK

7:10 - 7:55 ROTATION SESSION #2

3-6 graders -> offensive positions

7-8 graders -> defensive positions

7:55 - 8:05 WATER BREAK

8:05 - 8:25 TEAM COMPETITIONS

8:25 - 8:30 ANNOUNCEMENTS & DISMISS

CAMP MISSION:

To expose ALL campers to ALL positions & skills associated with the game of football, as well as teach the importance of teamwork, discipline, and sportsmanship.

2010 VARSITY FOOTBALL SCHEDULE

SCRIMMAGES

AUG 14 4 Way @ Jerome. (A) 11 AM

AUG 20 Grove City (A) 7 PM

REGULAR SEASON

AUG 27 * Westerville North f (H)

SEPT 3 * Solon (A)

SEPT 10 * Dublin Scioto (A)

SEPT 17 Hilliard Darby Ω (A)

SEPT 24 Upper Arlington Ω © (H)

OCT 1 Westland Ω ¥ (H)

OCT 8 Hilliard Davidson Ω (A)

OCT 15 Central Crossing Ω Σ (H)

OCT 22 Dublin Coffman Ω Δ (H)

OCT 29 T. Worthington Ω \$ (A)

- * Denotes 7:00 start time
f Denotes Chris Spielman Classic
Ω Denotes League Game
© Denotes Grandparents' Night
¥ Denotes Youth Booster Night
Σ Denotes Homecoming
Δ Denotes Senior Parents' Night
\$ Denotes Senior Tackle

All games begin @ 7:30
unless otherwise noted*



KILBOURNE WOLVES FOOTBALL

2010 TECHNIQUE CAMP

GRADES 3 - 8



Learning Football the
Kilbourne Way!

State Playoffs - 2008,
2005, 2004, 2001, 1999, 1997, 1992

2010 Kilbourne Football
Technique Camp / Grades 3 - 8

Name _____

Street _____

City _____ Zip _____

Home Phone _____

School _____

Grade (this fall) _____ Age _____

T-shirt size: (Circle One)

Youth: M L Adult: S M L XL

I, the undersigned, as parent or guardian of the child named above, desire that my child participate in the football camp offered by the WKHS Quarterback Club and football staff of the Kilbourne Football Technique Camp. By execution of this release I agree that all requirements, directions, and standards set by the coaching staff and personnel, use of any equipment under the supervision of the coaching staff and personnel shall be deemed to have been accomplished for the benefit of my child. In the event that my child fails to follow the directions of the staff, I understand that my child may be removed from camp, especially if said behavior puts themselves or anyone else at risk of injury.

In consideration of the efforts on my child's behalf, I do hereby voluntarily assume all risk of accident, injury, damage, and/or loss to my child or my child's property which may arise out of my child's participation in the football camp. I hereby intend to release and discharge Worthington City Schools, the camp director and all personnel associated or connected with the football camp for every claim, liability, or damage of any kind which may result from participation in the football camp.

Authorization: I authorize and request Worthington City Schools and the football camp personnel to refer my child to other duly licensed medical personnel for necessary emergency treatment when indicated, including transfer to outside hospitals.

Signature of Parent or Guardian

Date

Phone number in case of emergency

Make check or money order payable to Vince Trombetti - WKHS QB Club. Complete and detach this registration form. Mail check and registration form to Coach Vince Trombetti, Kilbourne Football Camp, 1333 Clubview Blvd. S., Columbus, Ohio, 43235. Fold on the dotted line, tear off registration form and include in the envelope with your check.

Who:

All students grades 3-8 (this fall)

What:

All position, non-contact, football camp: teaching the fundamentals of offense, defense, kicking, punting, passing, catching, ball carrying, blocking, & tackling. Teaching the fundamentals of proper running form, and power techniques at an early age.

When:

Monday thru Wednesday
July 19 - July 21
6:00 pm - 8:30 pm

Where:

Worthington Kilbourne H.S.
1499 Hard Rd.

Purpose:

Teach fundamental football and running skills in order to enjoy the sport and have fun and success when playing it, whether at home or in a league.

Staff:

Vince Trombetti - Camp Director
Head Varsity Football Coach
Worthington Kilbourne H.S.
vtrombetti@worthington.k12.oh.us
883-2625

Varsity Assistant Football Coaches
Freshman Asst. Football Coaches
Former & Present WKHS Players

Pre-Registration Fees:

\$50 for all campers
\$10 discount for second camper in same family.

Fees provide for the following:
Practice/training facilities
Football Camp T-shirt
New Football (Jr. size)
Water Bottle
3 evenings of instruction
Lots of fun!

Walk-up & Late Fees:

Any registrations received after Friday, July 16, including campers registering on the first day of camp will be charged \$70. Please help us plan our camp and save yourself \$20 by registering early.

Benefits:

- Improve football skills and fundamentals
- Improve running form and speed
- Improve ability to generate power
- Work with future teammates
- Work with future coaches

What to bring:

- Tennis shoes, required, for inside gymnasium practice in case of inclement weather.
- Cleated shoes, optional, but recommended for instruction on grass (molded soles or screw-in cleats acceptable).
- Shirt, shorts, socks
- Water bottle